



Directives

5th national OC, middle distance

Saturday, 7th September 2019

Test course for elite runners

IOF World Ranking Event



Qualifying run for ROLV junior championship

Event organizer



www.nationaler.thurgorienta.ch

Map

Schwindisbüel, scale 1:10'000, equidistance 5m

Last update August 2019

Type of competition

Middle distance

Event director

Andreas Dennenmoser

Course planner

Martina Kyburz

Course controller

Corsin Spinatsch

**Delegate for technical support
(Swiss orienteering)**

Paul Corrodi

Competition Judge

Peter Schoch

Competition Jury

Hansjörg Suter, André Wirz, Matthias Niggli (representative of Swiss Orienteering)

Information

Andreas Dennenmoser, laufleiter@thurgorienta.ch

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Terrain

In the famous “Basadinger Plenterwald” there are about 4000 giant trees: spruces, 300 silver firs, oaks and beeches. Giant trees have a chest height diameter of 72 cm or more. There was a strong wood management due to storm damages in 2017 and 2018 as well as a strong beetle infestation.

It is a flat forest with a few small elevations. The forest is partly open and well runnable. Often there are unstructured and diffuse young deciduous trees and groups of trees in all age groups. The many trees of medium size restrict the ability to walk and the visibility. Since the deciduous trees have no structure (hardly any cultural boundaries) and the density always changes strongly, they also appear diffuse in the map. In addition to the rapidly changing green levels, many small clearings and groups of trees can also be seen. These many diffuse green areas and the partially restricted visibility make compass running and fine orientation in the control room important. There are many aisles from good to poorly accessible.

As a rule, deciduous trees were mapped in 2-green (Sig 408 Veg) and fir groups in 3-green (Sig 410 Veg).

The large restricted areas force the course layers to choose sites in terrain that is not easily accessible.

There are many controls in a confined area.

Due to the high beetle infestation, intensive logging continues in the forest. Thus, despite the current map (August 2019), there will be new aisles and clearings that are not yet marked on the map. If there should be substantial changes in control rooms, these will be announced at the start.

Gathering Event centre

Lettenhalle, alte Basadingerstrasse 10, 8253 Diessenhofen
Information, registration for Open-categories, childcare, school race in the event area, first aid, food & drinks, retail shop
changing rooms / showers / toilets

Opening hours event centre

From 10:00 am to 9:00 pm

Getting there (train)

Train S8 from Schaffhausen (train direction: St. Gallen) or train S8 from Kreuzlingen (train direction: Schaffhausen), stop at Diessenhofen, 6 min walk (0.4km marked route) to the event centre.

Getting there (car)

Signposted from village entrance Diessenhofen to parking; please follow any instructions provided by event volunteers; parking outside the official event car park will lead to disqualification. The number of free parking lots is limited, public transport recommended. Up to 1.0 km on foot (10') to the event centre. Marked route.

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Classes	All categories according to Swiss standards Additional categories: open short/long distance, course for families and mixed couples (SIE+ER)																					
Late registration	None																					
Registration for open Categories	Only at the event centre from 11:30 am to 3:00 pm																					
Registration changes	All mutations from the registration deadline can be found at http://modify.picoevents.ch/ Fees: CHF 10.00, cash payment on the race day in the event centre. Exception: Mutations of SI-Card numbers are free of charge.																					
Entry fee	<table> <tr> <td>Born in 1998 and older:</td> <td>CHF</td> <td>32.00</td> </tr> <tr> <td>Born in 1999 up to 2002:</td> <td>CHF</td> <td>20.00</td> </tr> <tr> <td>Born in 2003 and later:</td> <td>CHF</td> <td>15.00</td> </tr> <tr> <td>Open categories:</td> <td>CHF</td> <td>20.00</td> </tr> <tr> <td>«Famigros» category*:</td> <td></td> <td>free</td> </tr> </table> <p>higher entry fees because of organized transportation for runners to the starting points</p> <table> <tr> <td>Additional map:</td> <td>CHF</td> <td>6.00</td> </tr> <tr> <td>Hire SI-badge:</td> <td>CHF</td> <td>2.00</td> </tr> </table> <p>Mailing of directives, starting list and ranking CHF 5.00. Specify upon registration.</p> <p>* thanks to «Famigros» Sponsor MIGROS all families start for free</p>	Born in 1998 and older:	CHF	32.00	Born in 1999 up to 2002:	CHF	20.00	Born in 2003 and later:	CHF	15.00	Open categories:	CHF	20.00	«Famigros» category*:		free	Additional map:	CHF	6.00	Hire SI-badge:	CHF	2.00
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Start times	12:30 pm – 4:30 pm																					
Start sequence	Regional draw; Elite categories according to WRE-ranking from 20 August 2019																					
Starting number	none																					
Start lists and results	will be published under http://www.swiss-orienteing.ch																					
Directions to the start points	Bus transport every 10-15 min (approx. 15min ride) Walk to start point 1: 1.8 km, 40 m altitude, approx. 25 min Walk to start point 2: 0.7 km, 6 m altitude, approx. 10 min																					
Bus transport	no spikes on the bus																					
Clothes depot	at the shuttle-bus stop Laufwald in a barn																					
Toilets	Mobile WC's at the starting point 1 and 2																					
Model event	To become familiar with the terrain a short test OC is prepared in the area between starting points 1 and 2																					

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Starting procedure

4 mins to go: Check start number, clear and check SI
3 mins to go: Control descriptions (IOF standard); self-service and printed cut-outs are available on the map
2 mins to go: prepare for access to map boxes;
1 min to go: final check, then access to map boxes
Start: the map may only be removed from the box when the start signal sounds.
Each runner is responsible for making sure they have the correct map.

Maximum time

Open categories: flying start triggered by punching start control.

Finish closure

1.5 hours

6:00 pm = finish closes 1.5 hour after the last start

Snack during race

none

Finish

drinks available at finish; 7' walk (0.5 km) to the shuttle bus stop / clothes depot

Map collection

Maps will not be collected at the finish, fair play please!

SI download

in the event centre at the information stand. Please download immediately upon arrival.

Retirements

All retiring runners must download their SI card.

Timing system

picoTIMING

Rankings

on the race day live results at <http://results.picotiming.ch>, in the local WLAN or on the hanging lists in the competition centre.

After the race they will be published at <http://www.swiss-orienteeing.ch> and <https://nationaler.thurgorienta.ch> respectively.

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Complaints	must be submitted in writing to the referee at the information desk on the day of the race according to WO Art. 163.
Anti-Doping	For this competition the current doping statute of Swiss Olympic applies. Doping tests can be carried out. With the registration the participants submit themselves to the anti-doping rules of Swiss Olympic. In the categories DE/HE/D20/H20 only participants who have signed the declaration of subordination to the doping statute are allowed to start. Information and form at www.swiss-orienteeing.ch
Insurance	Each competitor is racing at his/her own risk and is responsible to have adequate and personal insurance coverage. The organisers are declining any liability to the extent permitted by law for incidents occurring before, during or after the competition. With registration, the participants accept these insurance conditions.
First aid	At the finish and in the event centre.
Media/Press	Heinz Stuber, Hagschnurer 11, 8536 Hüttwilen, +41 52 747 15 92, heinz.stuber@bluewin.ch
Food & drinks	Drinks at the finish, wide range of offers for food & drink in the event centre
Nursery/day-care	At the event centre, for children and toddlers (2 years and older), no reservation in advance required
School OC	Beginners' OC for children in the area surrounding the venue. Start times 12:30 pm - 4:30 pm. Participation free.

Thurgorienta is looking forward to your participation and wishes you a successful OC!

We thank our sponsors and patrons for their support!

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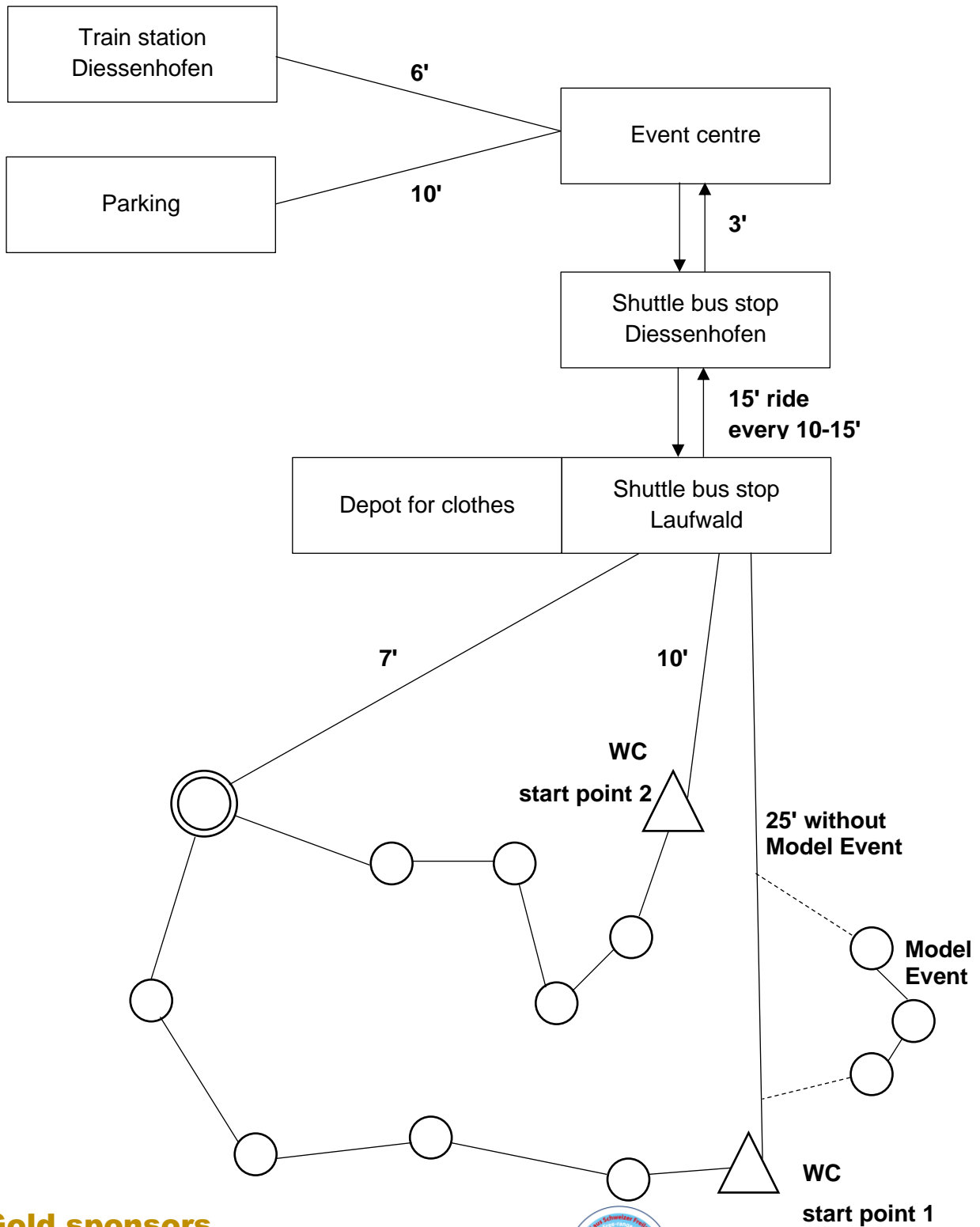
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Classes and courses

Category	Distance km	Climb m	Controls	Start
H10	2,4	10	12	S2
H12	3,4	15	16	S2
H14	3,8	30	13	S2
H16	4,6	55	15	S2
H18	4,9	55	18	S1
H20	6,0	50	20	S1
HE	7,3	75	27	S1
HAL	6,0	40	20	S1
HAM	4,9	40	17	S1
HAK	3,1	30	13	S2
HB	3,2	35	14	S2
H35	5,0	30	17	S1
H40	5,3	40	20	S1
H45	5,7	35	21	S1
H50	5,4	40	20	S1
H55	5,1	40	17	S1
H60	4,8	50	16	S2
H65	4,3	45	15	S2
H70	3,3	50	14	S2
H75	2,9	35	14	S2
H80	2,6	30	11	S2

Category	Distance km	Climb m	Controls	Start
D10	1,8	10	10	S2
D12	2,9	20	12	S2
D14	3,0	25	13	S2
D16	3,0	30	12	S2
D18	4,0	55	15	S2
D20	5,4	35	18	S1
DE	6,0	50	21	S1
DAL	4,6	25	16	S2
DAM	3,8	25	13	S2
DAK	2,8	25	11	S2
DB	2,8	20	11	S2
D35	4,4	55	15	S2
D40	4,6	55	18	S2
D45	4,4	45	16	S2
D50	4,1	30	14	S2
D55	3,8	45	15	S2
D60	3,3	35	14	S2
D65	3,0	35	12	S2
D70	2,7	30	12	S2
D75	2,4	20	11	S2

Classes and courses OPEN categories

Category	Distance km	Climb m	Controls	Start
OK	2,9	20	13	S2
OL	3,6	45	17	S2
FAM	2,6	20	12	S2
S+E	3,3	30	15	S2

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